**HOMEWORK SHOULD BE BANNED !**

**By Lucy Crabb**

Who here thinks homework should be banned? Well I think it should! It should be banned for a number of reasons! For instance, we don’t do as much fitness as we used to, we don’t have enough time with extracurricular activities, and lastly, it causes a lot of stress.

Our fitness levels have gone down, partly due to homework. I reckon homework should be done at school instead of doing fitness. Then, we will get more education at school – like we should. But what about fitness? Well instead of doing fitness at school, we do it in our homework time at home! It makes me feel sick that our lives have been taken over by homework when we should be socializing with other people and doing team sport. Surely these life skills will benefit you more in the long run. With technology in modern times eg. televisions, laptops, lifts, escalators, means people are not as active. The average twelve year old, needs 20-45 min of exercise per day. It raises their heartbeat and keeps their heart muscles working well and fit. So homework time should be spent doing exercise, to keep the body healthy. Healthy body means healthy mind.

Stress. If we get less homework, that means we get less stress after school. If a student has worked academically during the school day , It might causes unnecessary stress, to continue with homework after school. Stress is one of the main causes of health problems in this day and age. So therefore, we will get moody and grumpy.

Extracurricular activities are important for over-all being of a child. Quite often, it involves teamwork and co-operation. It is important to learn these life-skills for the students life, and then we will know how to work cooperatively with others later on in life.

In conclusion, homework is unnecessary, and gives people more time to do extracurricular activities, more time to keep fit, and may cause stress. Therefore, homework should be banned!